

ALISA ZELDIN

Professional Ballerina | Ballet Educator

Professional Ballerina with the Jerusalem Ballet Company, directed by Nadya Timofeeva. Graduate of the Vaganova Academy of Russian Ballet.

Ballet Training, Conditioning & Pilates-Based Movement



CONTACT

Jerusalem · Tel Aviv

Central Israel · Online

zeldinalisa@gmail.com

WhatsApp

Instagram @ALISAZELDIN

Online portfolio

LANGUAGES

- Russian - Native
- English - Fluent
- Hebrew - Intermediate

SPECIALIZATIONS

- Classical Ballet
- Vaganova Method
- Pointe Technique
- Repertoire Coaching
- Choreography
- Core Strength & Stability
- Posture & Alignment
- Flexibility & Mobility
- Balance & Coordination

CLASS FORMATS

- Individual lessons
- Group classes
- In person in Jerusalem, Tel Aviv & Central Israel
- Online lessons
- Workshops and short-term programs

Professional Profile

Professional ballerina, ballet educator, and Ballet Conditioning & Pilates-Based Training instructor.

I help dancers and non-dancers develop strength, posture, flexibility, mobility, balance, coordination, confidence, and elegant movement through the training principles of professional ballet.

My teaching combines the discipline and precision of classical ballet with an attentive, supportive, and individual approach.

Professional Experience

Jerusalem Ballet Company | Professional Ballerina | 2023-Present

Artistic Director: Nadya Timofeeva

I am an active member of the Jerusalem Ballet Company, performing classical, neoclassical, modern, and contemporary repertoire. My professional responsibilities include daily ballet training, rehearsals, stage performances, repertoire preparation, and collaboration with dancers, teachers, choreographers, and artistic staff.

Selected Leading Roles

- kookl@
- He Walked Through the Fields
- Houdini - the Other Side

Education & Qualifications

Vaganova Academy of Russian Ballet | Saint Petersburg | 2015-2023

Professional Diploma: Ballet Artist; Ballet Teacher. Professional education in classical ballet performance and ballet pedagogy based on the Vaganova Method.

Selected Classical & Character Repertoire

The Sleeping Beauty

Aurora; Lilac Fairy; Little Red Riding Hood; Waltz

The Nutcracker

Louisa; Marie; Russian Dance; Oriental Dance; Snowflakes; Waltz

Don Quixote

Cupid (Amour); Kitri's Friends; Seguidilla

Giselle

Friends; Corps de Ballet of the Wilis; Classical Variation

Raymonda

Classical Corps de Ballet; Character Corps de Ballet

Laurencia

Classical Corps de Ballet; Character Corps de Ballet

Additional Repertoire & Award

- Soloist in Gypsy Dance
 - Roles in A Midsummer Night's Dream and Le Corsaire
 - Classical variations and school-program dances
 - Choreographic miniatures by Leonid Yakobson
 - Ballroom and modern dance experience
- Prize winner at ballet competitions in Israel for the performance of the variation La Cigarette.

Teaching Experience

Ballet Teacher and Movement Instructor | 2020-Present

I began teaching while studying at the Vaganova Academy of Russian Ballet.

I have been teaching in Israel since 2025.

- Children aged 8 and above
- Teenagers and adults
- Pre-professional and professional dancers
- Fitness and wellness clients

International & Additional Training

- Summer Ballet Intensives - United States: 2014, 2015, 2016, 2019
- Kibbutz Contemporary Dance Company (KCDC) - Israel: 2017, 2022

Available For

- Ballet schools and dance studios
- Fitness and wellness clubs
- Private coaching and group classes
- Online training and workshops

References are available upon request.